


12:00 Noon

\$3.50 Contribution

Monday	Wednesday	Friday
<p><b><u>Please Make Reservations</u></b>  <b><u>Two Weeks In Advance</u></b></p> <p>All Lunches served at the  <b>Pittsford Community Center</b>  <b>CALL 248-6235</b></p>		<p><b>PLEASE CIRCLE DATES</b>  <b>YOU WANT TO RESERVE</b>  <b>FOR LUNCH</b></p>
<p>All Meals Served with milk</p> <p>Soup served with crackers</p>		<p>Swiss Steak <span style="float: right;">2</span>  Mashed Potatoes  Succotash  Whole Dinner Roll  Cake</p>
<p>Italian Chicken Sausage on a Bun <span style="float: right;">5</span>  w/ Peppers &amp; Mustard  Boiled Potatoes  Corn  Pears  Ice Cream</p>	<p>Pork Riblet <span style="float: right;">7</span>  Mashed Winter Squash  Coleslaw  Bran Muffin  Petite Banana</p> <p style="text-align: center;"><b>Bob Hyman Music "Sing-a-long"</b></p>	<p>Turkey Tetrazzini <span style="float: right;">9</span>  <i>Served over Pasta</i>  Carrots  Green Beans  Wheat Dinner Roll  Fresh Kiwi  Cookie</p>
<p>Sloppy Joes on a Bun <span style="float: right;">12</span>  Mixed Vegetables  Cauliflower  Peaches  Pudding w/ Whipped Topping</p> <p style="text-align: center;"><b>Cindy Rapp</b>  <b>"Staying Hydrated"</b></p>	<p>Meatloaf w/ Gravy <span style="float: right;">14</span>  Mashed Potatoes  Brussels Sprouts  Wheat Dinner Roll  Pears  Cookie</p>	<p>Pork Chop w/ Gravy <span style="float: right;">16</span>  Boiled Potatoes  Spinach  12-Grain Bread  Cake</p>
<p>Swedish Meatballs <span style="float: right;">19</span>  Served over Rice  Lima Beans  12-Grain Bread  Mandarin Oranges  Sherbet</p>	<p>Meat Lasagna <span style="float: right;">21</span>  Tossed Lettuce Salad w/ Dressing  Italian Blend Vegetables  Dinner Roll &amp; Butter  Sherbet</p>	<p style="text-align: center;"><b><u>NO LUNCH CLUB</u></b></p> <p style="text-align: center;">Salute To Seniors  Ontario Beach Park</p>
<p>Cod w/ Tartar Sauce <span style="float: right;">26</span>  Baked Potato  Scandinavian Blend Vegetables  12-Grain Bread  Pears  Apple Juice</p>	<p>Sweet &amp; Sour Pork <span style="float: right;">28</span>  Rice  Peas  Wheat Dinner Roll  Fresh Orange</p>	<p>Tuna Salad Sandwich <span style="float: right;">30</span>  w/ Lettuce &amp; Tomato  on 12-Grain Bread  Broccoli Pasta Salad  Peaches</p> <p style="text-align: center;"><b>Ganondagan</b>  <b>"Life of the Seneca"</b></p>



**Certified by Jackie Williams, RD – 6/26/2024**

No eligible person shall be denied benefits or subjected to discrimination under any program or activity receiving any Federal, State or County funding. This includes but is not limited to: race, color, sex, religion, national origin, disability, sexual orientation, marital status, veteran and/or military status, immigration status, creed, domestic violence victim status, criminal history, gender identity, genetic predisposition or carrier status. This program is funded by participants' contributions, U.S. Administration on Aging, N.Y. State Office for the Aging, N.Y. State Department of Health, Monroe County Dept. of HS/Office for the Aging.

